## 0.9 <br> Winston-Salem Cycling

## TECHNICAL GUIDE

August 4, 5 \& 6, 2023


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## EVENT PERSONNEL \& PRODUCTION TEAM 2023

| Executive Director | Dr Richard Rauck |
| :---: | :---: |
| Race Director | Raymond Boden |
| Executive Committee | Sterling Swaim, Katie Rauck, Carolynn Berry, Michael Berry, Mike Robinson, Angela Carleton, Greg Ralston, Lisa Linebeck, William Oakes |
| Sponsorship | Lisa Linebeck, Raymond Boden |
| Administration | Helen Rein , Lynn Berry |
| Host Housing | Angela Carleton |
| Race Registration | Jim Smalley - Mountain Events |
| Social Media | Raymond Boden |
| Event Logistics, Awards Coordinator | Sterling Swaim, Michael Hosey |
| Event Coordinators | Brian Clarke, Bill Oakes, Greg Testa |
| Operations Coordinator | Greg Testa |
| Anti-Doping Coordinator | Bill Oakes |
| Medical | Dr Jonathan Kelly |
| Pro Teams Liaison | Thad Fischer |
| Equipment \& Technical Services/Timing | Swagger LLC |
| Announcers/Color Commentators | Frankie Andreu \& Chad Andrews |
| USAC Chief Referee | Brent Lyons |
| USAC Chief Judge | TBD |
| USAC Moto Referees | TBD |
| USAC Pit Judge | TBD |
| USAC Pit Judge | TBD |

## REGISTRATION INFORMATION

Pre- Registration is now open at: Winston Salem Cycling Classic \& Gears and Guitars Online Registration (bikereg.com)

## AMATEUR CATEGORIES REGISTRATION

Amateur Categories may register online at bikereg.com. Amateur Categories and Pro riders may register onsite starting Saturday morning August 5th at 7:30 AM. Registration closes 30 minutes before the start of each category and will be located in the parking lot behind the start/finish stage on 5th Street.
*Day-of entries will incur a \$10 late fee

One-day licenses are available for purchase for \$10/day to categories open to cat 5 men and cat 5 women. Experienced racers may purchase a one-day through their USAC account.

## Fondo Registration

Includes a complimentary t-shirt (while supplies last), one beer coupon (21+), and a lunch voucher for redemption at any food truck.
\$55 until May 15
\$60 May 16 - June 15 (for Jersey orders)
\$65 After July 1st

## PRO REGISTRATION

The professional criterium is invitational in nature and is open to Pro/1/2/3 Women and Pro/1/2/3 Men. Teams may have a maximum of six riders. Please email Thad Fischer @ fcecorp99@yahoo.com for more details. Pro
Pro riders will be issued a transponder timing chip that will need to be placed on the right side of the rider's front fork.
Each racer must present a valid 2023 racing license issued by their country's cycling governing body or by the UCI. All racers will need to fill out and sign a USA Cycling release form if registering on-site. Wet signatures are required onsite.

Promoter reserves the right to combine fields or reduce prize money if field minimums are not met. Prize list will be reduced by \% of minimum field not met. All races are held rain or shine. No refunds. Sanctioned by USA CYCLING. For more information, email boden@winstonsalemopen.com.

## NUMBER PLACEMENT

Numbers need to be pinned on the right side. Pro racers will race with 2 numbers. Pin those 1 on the right and one on the pockets.


## Streets of Fire Sprint Races Presented by Flow Automotive - Friday August 4 ${ }^{\text {th }}, 2023$

Start Location: 500 block of 4th Street (Corner of Poplar and $4^{\text {th }}$ )
Finish Location: 200 block of $4^{\text {th }}$ Street (Corner of Trade and $4^{\text {th }}$ )
Racer Staging: Parking lot behind Lowey building near the corner of Spruce and $4^{\text {th }}$
Racer Parking: $4^{\text {th }}$ Street Parking Deck (Corner of Poplar and $4^{\text {th }}$ )
FRIDAY NIGHT MIXER: Finger Food and Beverages for all Sprint Race Participants. Located near the Registration Tent. Please join in the fun! 7:00 PM to 9:00 PM

First Heat: 7:00 PM Total Purse: $\$ 1,900$
Categories: Men Open, Men Cat 4/Novice, Men Cat 3, Men Pro/Cat $1 \& 2$, Women Open, Women 3/4/5, Women Pro Cat 1/2/3

The sprint course is 200 meters in length. Riders will sprint from a standing start, the distance, side-byside. Heats will be elimination-style with groups of 4-6 riders per heat. Heats will be assigned by category (male/female, age, race category) based on pre-registrations. Your first heat will be provided at the racer signin area located near the start line at the corner of Poplar and 4th.

| Race Category | Start Time | Duration | Finals/Prizes/Places | Entry Fee | Field Limit |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Streets of Fire Sprint Races p/b Flow Automotive Men Open - NON USAC Riders | 7:00 PM | 200 Meters | Awards | \$20 | 25 |
| Streets of Fire Sprint Races p/b Flow Automotive Men Cat 4/Novice | 7:00 PM | 200 Meters | \$300/3 | \$20 | 25 |
| Streets of Fire Sprint Races p/b Flow Automotive Men Cat 3 | 7:00 PM | 200 Meters | \$300/3 | \$20 | 25 |
| Streets of Fire Sprint Races p/b Flow Automotive Men Pro/Cat 1/2 | 7:00 PM | 200 Meters | \$500/5 | \$20 | 25 |
| Streets of Fire Sprint Races p/b Flow Automotive Women Open - NON USAC Riders | 7:00 PM | 200 Meters | Awards | \$20 | 25 |
| Streets of Fire Sprint Races p/b Flow Automotive Women Cat 3/4/Novice | 7:00 PM | 200 Meters | \$300/3 | \$20 | 25 |
| Streets of Fire Sprint Races p/b Flow Automotive Women Pro/Cat 1/2/3 | 7:00 PM | 200 Meters | \$500/5 | \$20 | 25 |

Registration: Registration for all racer categories for Friday night is $\$ 20$ in advance.
You MUST pre-register online to race. Online registration will close at 5:00 PM on Wednesday, August 2nd. There will be no onsite registration for the Sprint Races.

Exact sprint format will be determined after sprint registration closes in order to know the number of participants in each category.

## Gears and Guitars Criterium - September 5 ${ }^{\text {th }}, 2023$

Amateur Criterium Racing: 9:10 AM - 5:10 PM - Professional Criterium Racing: 5:30 PM - 8:15 PM
Race Routes: Course 1: https://ridewithgps.com/routes/39158196 Course 2: https://ridewithgps.com/routes/39158174/C
(1) Entry fees increase by $\$ 10$ after 6PM on Friday, August 4, 2023
(2) Courtesy of Novant Health Women's Health
(3) Courtesy of Riazzi Rhyne \& Swaim Investment Group

| Race Category | Start Time | Duration | Prizes/Places | Entry Fee | Field Limit | Route |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Gears and Guitars Criterium <br> Juniors 9-14 | 9:10 AM | 30 Mins | Medals | $\$ 20$ | 75 | 1 |
| Gears and Guitars Criterium <br> Juniors 15-16 | $9: 10$ AM | 30 mins | Medals | $\$ 20$ | 75 | 1 |
| Gears and Guitars Criterium <br> Men's Cat 4/Novice | $9: 50$ AM | 30 Mins | $\$ 250 / 3$ | $\$ 30$ | 75 | 1 |
| Gears \& Guitars Criterium <br> Women Cat 4/Novice | $10: 30$ AM | 30 Mins | $\$ 250 / 3$ | $\$ 30$ | 75 | 1 |
| Gears and Guitars Criterium <br> Master's 55+ | $11: 10$ AM | 30 Mins | $\$ 300 / 3$ | $\$ 40$ | 100 | 1 |
| Gears and Guitars Criterium <br> Master's 45+ | $11: 10$ AM | 30 Mins | $\$ 300 / 3$ | $\$ 40$ | 100 | 1 |
| Gears and Guitars Criterium <br> Women's Cat 3/4 | $12: 00$ PM | 40 Mins | $\$ 300 / 3$ | $\$ 40$ | 100 | 2 |
| Gears and Guitars Criterium* <br> Juniors 15-16 (Cat 1/2/3 | $12: 40$ PM | 40 Mins | $\$ 1,000 / 10$ | $\$ 20$ | 100 | 2 |
| Gears and Guitars Criterium* <br> Juniors 17-18 (Cat 1/2/3) | $12: 40$ PM | 40 Mins | Combined | Above | $\$ 20$ | 100 |
| Gears and Guitars Criterium <br> Master's 35+ | $2: 40$ PM | 40 Mins | $\$ 300 / 3$ | $\$ 40$ | 100 | 2 |
| Gears and Guitars Criterium <br> Men's Cat 3/4 | $3: 30$ PM | 45 Mins | $\$ 300 / 3$ | $\$ 40$ | 100 | 2 |
| Gears and Guitars Criterium <br> Men's Cat 2/3 | 4:20 PM | 45 Mins | $\$ 400 / 3$ | $\$ 40$ | 100 | 2 |
| Gears and Guitars Criterium <br> Women's Pro Cat 1/2/3 | $5: 30$ PM | 60 Mins | $\$ 12,500 / 25$ |  | 125 | 2 |
| Gears and Guitars Criterium <br> Men's Pro Cat 1/2/3 | 7:00 PM | 75 Mins | $\$ 12,500 / 25$ |  | 125 | 2 |

## Gears and Guitars Road Fondo Presented By Flow Automotive

Location: 445 Patterson Avenue, Winston-Salem
Onsite Registration Opens: 6:30 AM
68 Mile Fondo Departure: 7:30 AM
42 Mile Fondo Departure: 8:00 AM
Food trucks available: 11:00 AM - 3:00 PM
Join us for a kickoff at our race headquarters downtown at Bailey Park. Two road distance options will take you out of town and into our beautiful scenic backroads around Lake Tomalex, and get you back in time for a complimentary beer (21+) and lunch from one of a variety of food trucks on site.

## Road Route Links:

68 Mile Fondo (2 rest stops)
https://ridewithgps.com/routes/40533927
42 Mile Fondo Departure (1 rest stop) https://ridewithgps.com/routes/40549857
Registration - Registration for ALL Fondos Includes a free Gears \& Guitars 2023 t-shirt (while supplies last), one drink coupon (beer for 21+), and a lunch voucher for redemption at any food truck.
\$55 until May 15th
\$60 May 16 - July 1st (cutoff date for Jersey orders)
\$65 After July 1st

## Gears and Guitars Gravel Ride presented by Flow Automotive

Location: 445 Patterson Avenue, Downtown Winston-Salem
Onsite Registration Opens: 9:00 AM
Greenway/Gravel Departure: 10:00 AM
Food trucks available: 11:00 AM - 3:00 PM
Final schedule subject to change
The journey along the Long Branch Trail and Salem Creek Greenway allows participants to turn around at any point along the route or travel all the way out and around along the Salem Lake trail, one of Winston Salem's most enjoyable rides. Two options for this ride include:

1. Greenway: Long Branch Trail to Salem Creek Greenway to Salem Lake or water crossing and return (7 miles, 1 rest stop)
2. Greenway/Gravel: Long Branch Trail to Salem Creek Greenway and around Salem Lake and return (15 miles, 1 rest stop)

## Greenway / Gravel route link:

https://ridewithgps.com/routes/38970029

## GENERAL INFORMATION

## PRO RACE STAGING

Staging for riders will be 100 meters before the start line. Enter from the final turn.

## PRO RACE CALL-UPS

Call-ups will based on the following criteria:
Past WSCC Criterium Winners
Others as determined by the race committee

## PARKING

Parking available at various city lots. There is no reserved parking for teams for the criterium. The lot at Chestnut \& 4th is free on the weekends.

## NEUTRAL SUPPORT

Neutral support is provided by Swagger Services. Free lap rule is in effect until 8 k to go. Free lap rule for Course 1 ends on lap 7 and for Course 2 ends on lap 6.

## PODIUMS

Podiums are adjacent to the start/finish line immediately after the protest period. Pro Women and Pro Men podiums will be held immediately following the finish of the Pro Men's race. Top 3 from each Pro Women and Pro men should be present and in team cycling apparel. If you are selected for USADA Anti-Doping Examination, please attend the Awards Ceremonies before going for testing. Your chaperone will remain with you.

## MEDICAL

MEDICAL CONTROL
All USA Cycling-sanctioned events are subject to USADA Anti-Doping Examination. All competitors and team personnel must abide by these regulations. Any rider found positive will forfeit all prizes won at the event. The list of riders required to report will be posted at the start/finish stage. The riders will be required to report to medical control within a reasonable time after the awards and protocol ceremonies. It is the responsibility of the rider and/or their team personnel to insure that they report to Anti-Doping within the required time. USADA chaperones will escort you to the testing room. Please note! The awards for both men and women are held directly after the finish of the men's race. Top 3 riders from each event must report to the finish area immediately after the Men's Pro Race. Please participate in the awards ceremony before reporting for testing. Your USADA chaperone will stay with you. If USADA is present and testing occurs, payout will be sent out after 30 days.

HOSPITAL INFORMATION
Wake Forest Baptist Medical Center
1 Medical Center Blvd
Winston-Salem, NC
336-716-2011

STREET SPRINTS PAYOUT

|  | PRO WOMEN <br> Cat 1, 2 \& 3 | WOMEN <br> Cat 3, 4 \& 5 | WOMEN <br> Open Non USAC | PRO MEN <br> Cat $1 \& 2$ | MEN <br> Cat 3 | MEN <br> Cat 4/Novice | MEN Non USAC <br> Open |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\$ 500$ | $\$ 300$ | Prizes | $\$ 500$ | $\$ 300$ | $\$ 300$ | Prizes |
| 1 | $\$ 150$ | $\$ 150$ | Awards | $\$ 150$ | $\$ 150$ | $\$ 150$ | Awards |
| 2 | $\$ 125$ | $\$ 90$ | Awards | $\$ 125$ | $\$ 90$ | $\$ 90$ | Awards |
| 3 | $\$ 100$ | $\$ 60$ | Awards | $\$ 100$ | $\$ 60$ | $\$ 60$ | Awards |
| 4 | $\$ 75$ |  |  | $\$ 75$ |  |  |  |
| 5 | $\$ 50$ |  |  |  |  |  |  |

## CRITERIUM PAYOUT

|  | PRO MEN | PRO WOMEN | MEN 3 | 35+ | 45+ | 55+ | MEN 4/5 | WOM 3 | $\begin{gathered} \text { WOM } \\ 3 / 5 \end{gathered}$ | JR 9-14 | JR 15-16 | JR 15-16 | JR 17-18 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \$11,500 | \$11,500 | \$300 | \$300 | \$300 | \$300 | \$250 | \$300 | \$250 | MEDALS | MEDALS | Combined | \$1000 |
| PRIMES | \$1,000 | \$1,000 |  |  |  |  |  |  |  |  |  |  |  |
| 1 | \$1,000 | \$1,000 | \$150 | \$150 | \$150 | \$150 | \$125 | \$150 | \$125 | Medals | Medals |  | 200 |
| 2 | \$800 | \$800 | \$90 | \$90 | \$90 | \$90 | \$75 | \$90 | \$75 | Medals | Medals |  | 165 |
| 3 | \$700 | \$700 | \$60 | \$60 | \$60 | \$60 | \$50 | \$60 | \$50 | Medals | Medals |  | 130 |
| 4 | \$675 | \$675 |  |  |  |  |  |  |  |  |  |  | 110 |
| 5 | \$650 | \$650 |  |  |  |  |  |  |  |  |  |  | 95 |
| 6 | \$625 | \$625 |  |  |  |  |  |  |  |  |  |  | 80 |
| 7 | \$600 | \$600 |  |  |  |  |  |  |  |  |  |  | 70 |
| 8 | \$575 | \$575 |  |  |  |  |  |  |  |  |  |  | 60 |
| 9 | \$550 | \$550 |  |  |  |  |  |  |  |  |  |  | 50 |
| 10 | \$525 | \$525 |  |  |  |  |  |  |  |  |  |  | 40 |


| 11 | \$500 | \$500 |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 12 | \$475 | \$475 |  |  |  |  |  |  |  |  |  |  |  |
| 13 | \$450 | \$450 |  |  |  |  |  |  |  |  |  |  |  |
| 14 | \$425 | \$425 |  |  |  |  |  |  |  |  |  |  |  |
| 15 | \$400 | \$400 |  |  |  |  |  |  |  |  |  |  |  |
| 16 | \$375 | \$375 |  |  |  |  |  |  |  |  |  |  |  |
| 17 | \$350 | \$350 |  |  |  |  |  |  |  |  |  |  |  |
| 18 | \$325 | \$325 |  |  |  |  |  |  |  |  |  |  |  |
| 19 | \$300 | \$300 |  |  |  |  |  |  |  |  |  |  |  |
| 20 | \$275 | \$275 |  |  |  |  |  |  |  |  |  |  |  |
| 21 | \$240 | \$240 |  |  |  |  |  |  |  |  |  |  |  |
| 22 | \$210 | \$210 |  |  |  |  |  |  |  |  |  |  |  |
| 23 | \$180 | \$180 |  |  |  |  |  |  |  |  |  |  |  |
| 24 | \$160 | \$160 |  |  |  |  |  |  |  |  |  |  |  |
| 25 | \$135 | \$135 |  |  |  |  |  |  |  |  |  |  |  |

## CASH PRIMES and PRIZE PAYOUTS FOR ALL RACES

Primes and given out randomly throughout the races when available per race category. Cash primes will be announced with the ringing of a bell and over the PA

Prize money for all events will be paid approximately 20 to 30 minutes after the conclusion of each race or until the end of any protest period. Please bring your bib number for prize pickup and the event registration table. Unclaimed prizes will be mailed. Please make sure your address is correct on your entry form as well as clearly written.

## COURSE MAPS

COURSE MAP 1 MapMyRide The course is 1.1 km


Elevation
Show elevation with grades


COURSE MAP 2 MapMyRide The course is 1.4 km, figure 8


Elevation
Show elevation with grades


